



MAIDSTONE DANCE STUDIOS LTD

Appropriate Physical Contact in Dance

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Teaching dance is a physical activity and a teacher will sometimes need to make physical contact with a student to show an idea or to correct the student's position. This can include:

- Lifting
- Adjusting arms, legs, rib cage, hips, feet, hands
- Moving one student in relation to another

Where contact is needed, we will remain sensitive to the students' wishes and put their welfare first. In all cases, we will say why and how we will be correcting the student's position before making contact.

We encourage students to report any concerns.